

ASSERTIVE COMMUNICATION

ASSERT YOUR VIEWS WITH CONFIDENCE



Put your message across successfully.

Would you like to state your points of view clearly and confidently, without making unacceptable compromises?

Assertive Communication is about building the personal resilience you need to assert your views with confidence.

This programme creates an awareness of your own and other people's behaviour, their strengths and their weaknesses. The content studied during the course helps individuals to create a framework for communication that helps diffuse confrontational situations and promote productive relations.

It enables the individual to assess their personal emotional and communication patterns that contribute to a harmonious and constructive working environment.

Change begins and ends with the individual so the focus is very much on encouraging individuals to assess and identify areas for self development.



2 Day course

Comprehensive materials

Can be tailored for your business

TARGET AUDIENCE

Anyone in the organisation who finds it difficult to voice their viewpoint, put their message across effectively and/or requires skills to build harmonious and productive relationships with others.

Request more information: one@tmiworld.com

THIS COURSE WILL ENABLE YOU TO:

- Put your message across in a successful way
- Reduce the risk of misunderstandings
- Develop an improved tolerance of unconventional behaviour or views
- Lead more open and honest communication
- Mitigate risk of confrontation
- Have practical communication tools at hand that can be used every day



WE BELIEVE IN THE INDIVIDUAL

a GI GROUP brand